

Outdoor & Woodland Learning Activity Sheet

Activity:	The Write Around (reflective activity)											
Habitat:	Any			Season:	S	✓	S	✓	A	✓	W	✓

Level	
Early	
First	
Second	✓
Third and Fourth	✓
Senior Phase	✓

Curriculum topics			
Expressive Arts		Health and Wellbeing	✓
Languages	✓	Mathematics	
Religious & Moral Ed		Sciences	
Social Studies		Technology	

Equipment*
Write around worksheet
Write around support sheet
Clipboards
Pens

Time
20-30 minutes

Key outcomes
Explore and identify positive personality traits in team members and peers.
Increase group moral, cohesion and kindness.

*Items depicted in bold are available from CALLP

Activity description
<p>A reflective activity to explore positive character traits of group members following a session/class/activity together.</p> <p>Each member of the group is give a worksheet (which lists everyone's individual names, with a few lines for each).</p> <p>The group is asked to think about positive character traits, strengths, skills that you see and/or admire in each person.</p> <p>At the end of the session, the group leader takes back the sheets and at a later time, cuts up and sticks onto a sheet per individual person. This then gets handed back to each individual to take away.</p>

Notes



The Write Around

Circle your name on the sheet. If you wish you can write a kind phrase to yourself. What is a strength or personality trait of yours that you admire?

Now write a kind message to each of your group members, next to their name. Think about positive character traits, strengths, skills that you see and/or admire in this person.

Some sentence starters that might help include:

1. I really appreciate...
2. I am impressed by the way you...
3. Thank you for...
4. I really admire...
5. You are...
6. I really like your personality because...

When you are finished, fold the piece of paper in half and place it in the plastic wallet provided.

Character traits and strengths:

Kind	Good listener
Generous	Courageous
Loving	Strong
Caring	Determined
Friendly	Dedicated
Smiley	Passionate
Funny	Enthusiastic
Cheeky	Hard-working
Playful	Honest
Joyful	Loyal
Fun	Brave
Happy	
Thoughtful	Can you think of others??

Examples:

I really admire how thoughtful and kind you are.

I am impressed by the way you cared for X when he twisted his ankle.

I really appreciate your kindness to others.

Thank you for bringing your laughter, cheekiness and joy to our group.

[Name]

[Name]

[Name]

[Name]

[Name]

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