

Outdoor & Woodland Learning Activity Sheet

Activity:	The Four Challenges – Exploring the John Muir Award									
Habitat:	Any	Season:	S	✓	S	✓	A	✓	W	✓

Level	
Early	
First	
Second	✓
Third and Fourth	✓
Senior Phase	

Curriculum topics			
Expressive Arts		Health and Wellbeing	✓
Languages	✓	Mathematics	
Religious & Moral Ed	✓	Sciences	
Social Studies	✓	Technology	

Equipment*
The Four challenges worksheet 1 – A4
The Four challenges worksheet 2 – A3
Different coloured 38x51 mm post it notes
A3 Quinag sheet
Pens

Time
30 minutes

Key outcomes
Learn about how to achieve a John Muir Award
Discuss what is special about the chosen place(s)
Discuss how we might explore, look after it/them and share our activities and work with others.
Explore feelings on the planned activities

*Items depicted in bold are available from CALLP

Activity description
<p>Go through each of the Four Challenges in turn. Consider the questions asked. Write down thoughts and ideas on the relevant colour sticky note and stick it in the relevant area of the A3 worksheet. Group discussion throughout. Example sheets below.</p>

Notes



The Four Challenges

Based on the questions below, write answers, comments and thoughts about the four challenges onto relevant coloured post it notes and stick them on your wild place sheet.

Discover (blue post it note)

What kind of habitat is your wild place (Woodland? Beach? River? Loch? Sea? Island? One of these? More than one of these?)

Can you think of anything that might be special about it?

Explore (Orange post it note)

What do you think we can do to explore your place?

How can we find out about it and who lives there?

How can we travel through?

What activities do you like doing outside? Is there a way to link these in?

How do you think we can engage our senses into our explorations?

Conserve (Green post it note)

What can we do to help look after this place?

Share (Red post it note)

How can we share our experiences with others?

What ideas can you come up with for getting the word out?

Group Climb up Quinag (Use any coloured post it note)

Use one word or a sentence to describe how you feel about this. Stick your post it note onto the Quinag sheet.

Discover

Explore

[Map screenshot here]

Conserve

Share



How we feel about the walk up Quinag