

## Outdoor & Woodland Learning Activity Sheet

<b>Activity:</b>	<b>Sensory Challenge – for windy and rainy weather</b>									
<b>Habitat:</b>	Any	<b>Season:</b>	S	✓	S	✓	A	✓	W	✓

Level	
Early	✓
First	✓
Second	✓
Third and Fourth	
Senior Phase	

Curriculum topics			
Expressive Arts	✓	Health and Wellbeing	✓
Languages	✓	Mathematics	
Religious & Moral Ed		Sciences	
Social Studies		Technology	

Equipment*
Challenge activities, see description.

Time
1 hour

Key outcomes
Explore surrounded using senses
Express thoughts and feelings in context of experiences

\*Items depicted in bold are available from CALLP

Activity description
<p>Great for inclement weather that is still safe to go outdoors in.</p> <p>The challenges are:</p> <ol style="list-style-type: none"> <li>1. Spot five interesting things that please your eyes. Why did they catch you attention?</li> <li>2. "Collect" five weather-related sounds and vibrations. Can you mimic them?</li> <li>3. Taste the rain! Is it yummy? What flavour(s) can you taste?</li> <li>4. Close your eyes and use your nose! What does the rain and wind smell like?</li> <li>5. Locate the direction of the wind and stand facing it. Close your eyes. Where can you feel it most? Is it cold or warm? Is it enjoyable? Why or why not?</li> </ol> <p>These can obviously be amended to reflect the weather of the session.</p>

Notes



A dark, cloudy sky with white text overlaid. The clouds are dense and textured, with some lighter patches where light breaks through. The text is centered and reads: 

**Spot five interesting things  
that please your eyes**

Why did they catch your attention?



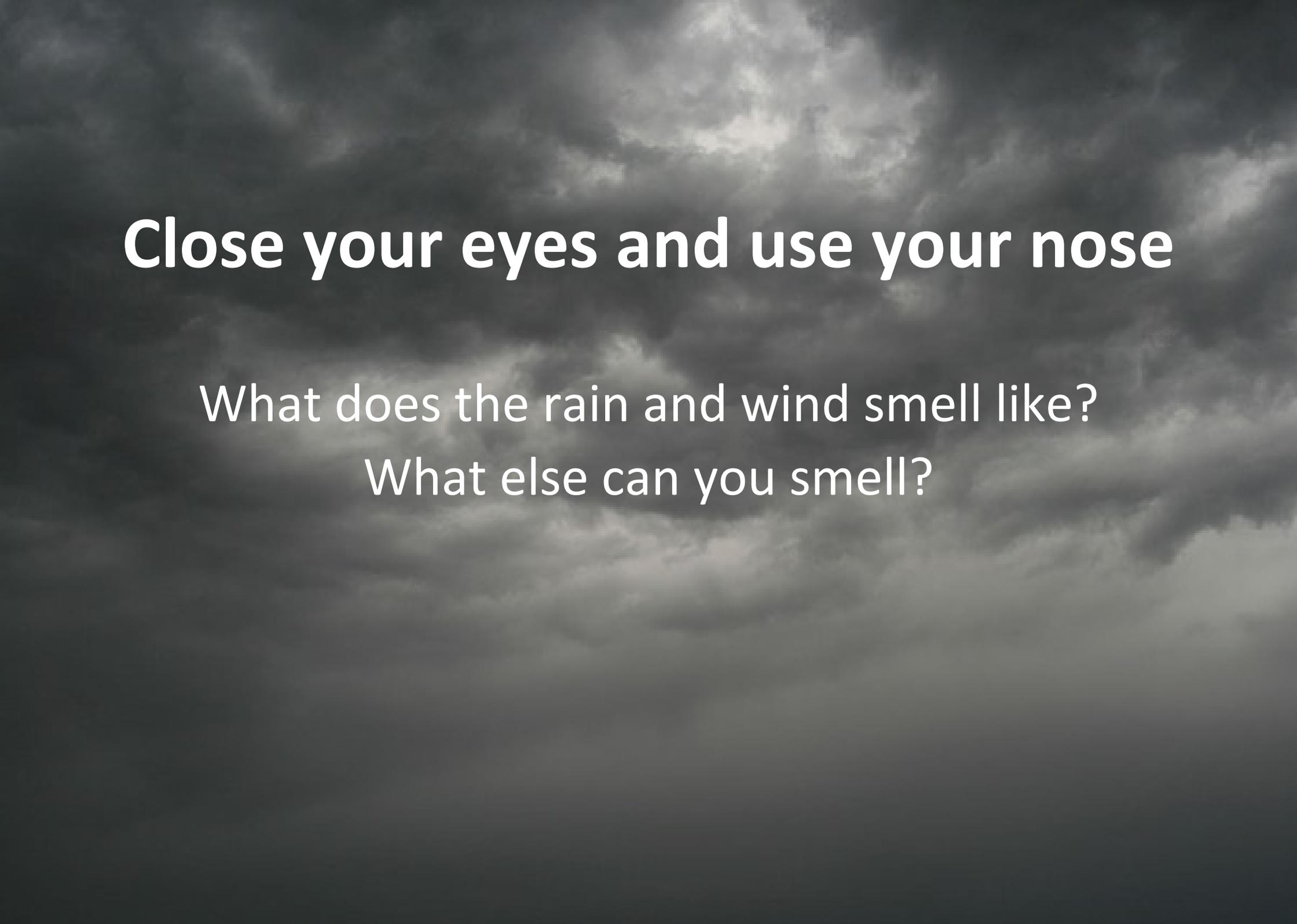
**“Collect” five weather-related  
sounds and vibrations**

Can you mimic them?

# Taste the Rain

Is it yummy?

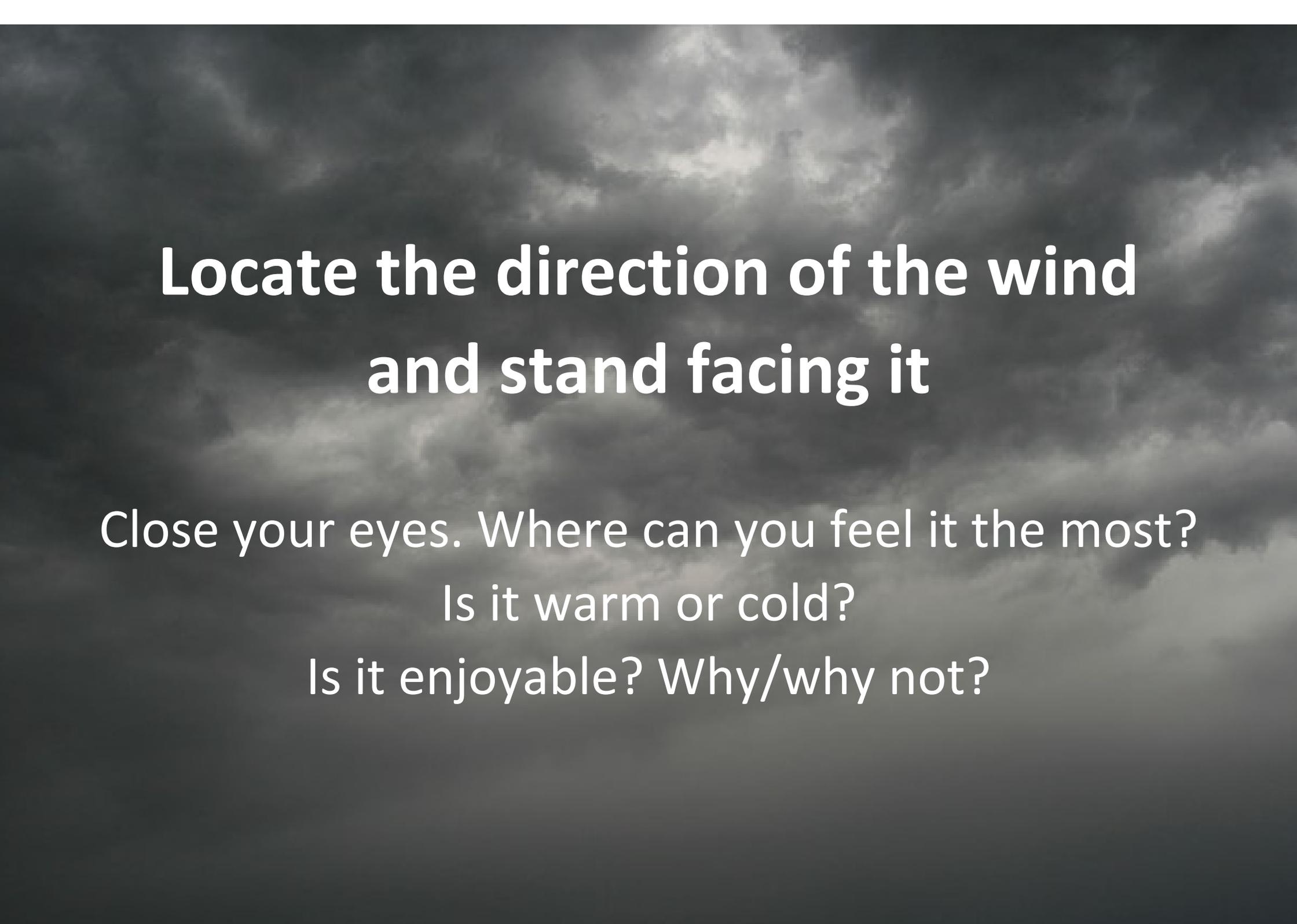
What flavour(s) can you taste?



**Close your eyes and use your nose**

What does the rain and wind smell like?

What else can you smell?

The background of the slide is a dark, moody sky filled with heavy, grey clouds. The lighting is low, creating a somber and atmospheric setting. The text is centered and written in a clean, white, sans-serif font.

**Locate the direction of the wind  
and stand facing it**

Close your eyes. Where can you feel it the most?

Is it warm or cold?

Is it enjoyable? Why/why not?